

Unit 8 – Tolerance is a mindset

What it takes to be tolerant

to show sympathy	It's not that hard to show sympathy for other human beings.	Mitgefühl zeigen
to be open-minded	I consider myself to be an open-minded person who is willing to accept anyone the way they are.	unvoreingenommen / weltoffen / vorurteilsfrei sein
to accept other people's opinions and preferences	Just because you accept other people's opinions and preferences does not always mean that you agree with them.	die Meinungen / Einstellungen und Vorlieben anderer Menschen akzeptieren
to be curious about / interested in other people's lifestyle / culture	It is natural to be curious about other people's lifestyle and culture, I think that's why travelling to foreign countries is so popular.	auf den Lifestyle / die Kultur anderer Menschen neugierig sein / am Lifestyle und an der Kultur von anderen Menschen interessiert sein
to practise respect	You can practise respect everyday by being kind to people.	respektvoll handeln, Respekt zeigen
to be empathetic	If we are empathetic, we can better understand the challenges people from different cultures face.	einfühlsam, empathisch sein
to treat others the way you would like to be treated	Treating others the way you want to be treated is a great way to live your life.	andere so behandeln, wie man selber gerne behandelt werden möchte
to (not) feel superior to others	Dave tries to not feel superior to others, even if he has more informed opinions.	sich anderen gegenüber (nicht) überlegen fühlen / vorkommen
to be fair-minded	Being fair-minded allows us to appreciate cultural differences.	gerecht, unvoreingenommen sein
to rely on one's own worldview	You cannot simply rely on your own worldview; you need to learn about other people's as well.	auf die eigene Weltsicht bauen / vertrauen
to (not) be patient enough to learn to understand other people	Sarah is not patient enough to learn to understand other people, so she doesn't go out much.	(nicht) geduldig genug sein, um andere Menschen verstehen zu lernen
to have difficulty doing something	It's common for one person to have difficulty doing something that another person finds easy.	Schwierigkeiten haben etwas (Bestimmtes) zu tun
to want to be right	Jim wants to be right about everything, which makes him very difficult to talk to.	Recht haben wollen
to live a happy and fulfilled life	All most people want is to live a happy and fulfilled life in peace.	ein glückliches und erfülltes Leben führen
to appreciate another person's thoughts and perspectives	It is not always easy to appreciate another person's thoughts and perspective, but you need to try.	die Gedanken und Sichtweisen anderer Menschen wertschätzen
to bring greater peace	Learning to understand and accept other cultures will bring greater peace around the world.	mehr Frieden bringen
to work together with people from different cultures	In the business world, you need to work together with people from different cultures quite a lot.	mit Menschen aus anderen Kulturen zusammenarbeiten

All different, all equal

to be disabled	Margaret is disabled but can still get around the city quite easily.	arbeitsunfähig, beeinträchtigt sein
to be homeless	He was homeless a few years ago but now he's a millionaire.	obdachlos sein
to be homosexual / gay	It was much more difficult to be gay in the 1970s.	homosexuell sein

to have a different cultural background	People may behave differently from you if they have a different cultural background.	einen anderen kulturellen Hintergrund / eine andere kulturelle Herkunft haben
to have a pigmentation disorder	It's more common than you think to have a pigmentation disorder, but many people still face discrimination because of it.	eine Pigmentstörung haben, unter einer Pigmentstörung leiden
to use a wheelchair	Winston's grandmother uses a wheelchair when she has to travel long distances.	einen Rollstuhl benutzen
to feel frightened / scared	Fake news makes people feel frightened of refugees from different cultures.	Angst haben, sich fürchten
to feel insecure / not confident	Lindsey is not confident in her spoken Arabic.	sich unsicher / nicht selbstsicher fühlen
to be intolerant	Clive used to be intolerant of some groups of people but after getting to know them, he discovered they had lots in common.	intolerant sein
to feel stress and discomfort	She felt stress and discomfort at the thought of applying for a visa.	sich gestresst und unbehaglich fühlen
to accept other people's viewpoints	Luke sometimes finds it difficult to accept other people's viewpoints.	die Ansichten anderer Menschen akzeptieren
to understand other people's behaviour / lifestyle	Sometimes understanding how a language works can help you understand other people's behaviour.	den Lebensstil / das Verhalten anderer Menschen verstehen / nachvollziehen können
to feel inferior	No one should have to feel inferior because they are foreign.	sich minderwertig / unterlegen fühlen
to lack knowledge	Even though I have two degrees in history, I still lack knowledge in some areas.	keine Kenntnisse haben, an Wissen mangeln
to boost one's self-esteem	Being able to speak a foreign language can really boost one's self-esteem when you visit another country.	das Selbstbewusstsein steigern
to get information about a topic	In order to get information about a topic in Chinese, I asked my friend Majd, who lived in China for two years.	Informationen zu einem Thema erhalten / erlangen
Tolerance is a life skill		
to reject something	I reject the idea that people need to completely integrate to live somewhere.	etwas ablehnen / verwerfen
to be childish	It is childish to hate someone for where they were born.	kindisch sein
to show some degree of conformity	The first generation of immigrants usually show some degree of conformity.	einen gewissen Grad an Konformität zeigen / aufweisen
to be a worst-case scenario	Getting deported is a worst-case scenario for anyone.	ein Worst-Case-Szenario sein
to raise one's voice	Please don't raise your voice when we get into the immigration office.	die Stimme erheben (gegen)
to bully someone	It is never ok to bully someone.	jemanden mobben
to handle a difficult situation	The best way to handle a difficult situation is to talk it through.	eine schwierige Situation meistern / bewältigen
to remain	Lucia's grandma remained in Croatia throughout the war in the 1990s.	bleiben, verbleiben, übrigbleiben
to be disappointed	Amy was disappointed that her visa was denied.	enttäuscht sein
to draw the line	I can forgive disliking people you disagree with, but I draw the line at hating anyone.	die Grenze ziehen
to be harmful	Fake news is harmful because it can convince people of almost anything.	schädlich / gefährlich sein
to be offended by someone / something	He didn't agree with them, but he wasn't offended by their point of view.	sich von jemandem / durch etwas beleidigt fühlen

to be involved in something	Nicole was involved in helping refugees find a home in Canada.	an / bei etwas beteiligt sein
to do an internship	If you're considering a job, do an internship first to gain valuable experience.	ein Praktikum machen
to have the liberty to speak one's native tongue	English speakers have the liberty to speak their native tongue almost anywhere on the planet.	die Freiheit haben die Erstsprache / Heimatsprache / Muttersprache zu sprechen
to have one's own property	It is expensive to have one's own property abroad.	Eigentum besitzen
Living in a diverse society		
age	It is surprising that age discrimination is still common in many places.	Alter
appearance	Someone's appearance tells me very little about who they really are.	Erscheinungsbild, Aussehen
culture	Mario's culture is also a part of his identity.	Kultur
food	Czech food is known for often having potatoes in it.	Essen
gender (male / female / diverse)	Gender is a spectrum, so people should be open to and respect all kinds of gender identities, not just what we know as male and female.	(soziales) Geschlecht (männlich / weiblich / divers)
hair colour	She has a really interesting hair colour, but no one can tell if it's red or blonde.	Haarfarbe
skin colour	You should never judge someone simply because of their skin colour.	Hautfarbe
social class	Sadly, social class often determines how successful someone will be in life.	gesellschaftliche Schicht
tradition	It is a tradition in my family that we celebrate Christmas together.	Tradition
respect for authority / elderly people	Respect for elderly people seems to be a value most cultures share.	Respekt gegenüber Autorität / älteren Menschen
importance of religion	The importance of religion is very obvious in a lot of cultures.	die Wichtigkeit / Bedeutung von Religion
gender role(s)	Remember that gender roles may be different from the ones in Europe.	Geschlechterrolle(n)
relationship to time	When Dave went to Morocco, he found out that people have a different relationship to time there because everyone was 20 minutes late to parties.	Verhältnis / Beziehung zur Zeit
work ethics	Different work ethics mean different expectations in the job market.	Arbeitsmoral / Arbeitsethik
rituals and ceremonies	Japanese rituals and ceremonies might seem strange to outsiders, but they are fascinating to watch.	Rituale und Zeremonien
behaviour in public	Bad behaviour in public is something many cultures will judge foreigners for.	das Verhalten in der Öffentlichkeit
personal space	In Austria, personal space does not seem to be something people consider; they will stand very close to you.	Diskretionsabstand, (persönliche) Distanzzone
sense of humour	Monty believed Germans didn't have a sense of humour until he visited the country.	Sinn für Humor
level of politeness	The level of politeness I experienced in Taiwan was amazing; they were very kind to everyone.	Grad an Höflichkeit

attitude towards education	The attitude towards education in East Asia is very positive.	Einstellung gegenüber Bildung
to be more innovative / creative	Being more creative with how you approach problems is something Americans encourage.	innovativer / kreativer sein
to lead to economic growth	Encouraging immigration may lead to economic growth.	zu wirtschaftlichem Wachstum führen
to gain an understanding of other people's worldviews / values / beliefs	Travelling is the best way to gain an understanding of other people's worldviews, values and beliefs.	ein Verständnis für die Weltsicht / Weltanschauung / Werte / Überzeugungen / Glaubensvorstellungen von anderen Menschen erlangen
to hear new viewpoints	It is a sign of an intelligent person if they want to hear new viewpoints about something they do not know much about.	neue Ansichten / Gesichtspunkte hören
to be more peaceful	People tend to be more peaceful to each other when they know more about each other.	friedlicher sein
to learn from each other	There is so much we can learn from each other if we give it a chance.	voneinander lernen
to create stereotypes and biases	Not understanding other cultures can lead people to create stereotypes and biases about them.	Klischees und Vorurteile schaffen / kreieren / erzeugen
to lead to misunderstandings	Tony's lack of cultural awareness led to misunderstandings at work.	zu Missverständnissen führen
to result in unequal treatment at school / work	Maria's cultural background was misunderstood, which resulted in unequal treatment at school.	zu ungleicher Behandlung in der Schule / am Arbeitsplatz führen
to organise workshops	I really admire Stefanie, she organised workshops for new immigrants so they could start learning English.	Workshops organisieren
to point out what / how much we can learn from one another	Branden pointed out how much we can learn from each other if we communicate better.	darauf hinweisen / aufzeigen wie viel wir voneinander lernen können
to be a role model of tolerance and respect	Harvey is my favourite student; he's a role model of tolerance and respect no matter who he talks to.	ein Vorbild für Toleranz und Respekt sein
to involve students in projects	If you involve students in projects that encourage them to explore a new culture, they usually surprise you with how hard they work.	Schülerinnen und Schüler in Projekte einbinden/einbeziehen
to teach someone about other cultures, traditions and religions	In order to teach someone about other cultures, traditions and religions, you need to do more than just make them do some research online.	jemandem etwas über andere Kulturen, Traditionen und Religionen beibringen
Teen refugees in Australia		
to be forced to leave one's home country	Being forced to leave one's home country must be terrifying.	gezwungen sein / werden, das Heimatland zu verlassen
to lack language skills	If you move abroad, it is likely you will lack language skills at first, which makes it hard to live there.	nicht genug Sprachkenntnisse haben, an Sprachkenntnissen mangeln
to face racism and discrimination	It is not always easy to face racism and discrimination, but we must still try.	mit Rassismus und Diskriminierung konfrontiert sein
to suffer from trauma	Refugees often suffer from trauma caused by war.	unter / an einem Trauma leiden

to have limited access to education	Teen refugees with limited access to education often surprise people with their knowledge of the world.	limitierten / begrenzten Zugang zu Bildung haben
to be lonely	It can be lonely if you're far away from home and don't speak the local language very well.	einsam sein
to be caught in the middle of a war	The refugees were caught in the middle of a war but thankfully made it to safety.	sich im Krieg / Kriegszustand befinden
to lead to political unrest	Economic inequality can lead to political unrest when people feel they have limited access to basic needs and opportunities.	zu politischen Unruhen führen
to face an economic crisis	We would face an economic crisis if every foreigner left the country.	mit einer Wirtschaftskrise konfrontiert sein
due to environmental factors	Many refugees are forced to leave their homes due to environmental factors like floods.	aufgrund von Umweltfaktoren
to have / suffer from poor living / work conditions	The refugees had to suffer from poor living conditions for a few months because there just was not enough space for them.	schlechte Lebensverhältnisse / Arbeitsbedingungen haben / unter schlechten Lebensverhältnissen / Arbeitsbedingungen leiden
to receive a permit of residence	It took so long for Zach to receive his permit of residence, but he finally got it!	eine Aufenthaltsgenehmigung erhalten
to deal with language barriers	When applying for a visa in the Czech Republic, you need to deal with language barriers constantly because many older Czech people do not speak English.	mit Sprachbarrieren umgehen / fertig werden
there is a lot of uncertainty about something	When you move to a new country, there is a lot of uncertainty about what will happen to you.	es gibt viel Unsicherheit über etwas
to feel like you belong	It takes a long time to feel like you belong when you move abroad.	sich zugehörig fühlen
to be confronted with another way of thinking	I believe it is healthy to be confronted with another way of thinking because you can learn a lot.	mit einer anderen Denkart / Denkweise konfrontiert sein
to speak one's mother tongue	Learning languages is fun, but it feels amazing to speak one's mother tongue again.	die Muttersprache sprechen
to adjust to a new culture	It will take a few years to adjust to a new culture.	sich an eine neue Kultur anpassen
to do an odd job	Doing an odd job will help you earn some pocket money.	einen Gelegenheitsjob machen
to seek asylum in another country	Many people seek asylum in another country to escape danger in their homeland.	Asyl in einem anderen Land suchen / beantragen
to feel secure and safe	No matter who you are, everyone deserves to feel secure and safe.	sich geborgen und sicher fühlen
to appreciate the help you received	While you did a lot of things yourself once you moved abroad, it is important to appreciate the help you received as well.	die Hilfe, die man bekommt, wertschätzen
to get a scholarship at a university	You're lucky if you get a scholarship at a university because it can make a huge difference in your life.	ein Stipendium an der Universität bekommen